

The Educational Master Course will be held at:

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Žilina

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U.E.M.S. credits have been requested

With the unrestricted grant of:



Scientific and Organizing Secretariat



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EUROPEAN SOCIETY
OF HYPERTENSION

2009/2010
EDUCATIONAL
Master Course
on
Hypertension
and Cardiovascular
Risk

Žilina
21st - 22nd April 2010



The European Society of Hypertension



SLOVENSKÁ
HYPERTENZIOLÓGICKÁ
SPOLOČNOSŤ

introduction

Sharing the knowledge and the experience of specialists treating and studying hypertension in a number of different geographical areas, has always been a priority in the mission of the European Society of Hypertension.

Consistently with this philosophy, it is a great honour for me to present the 2009/2010 Educational Master Courses of the European Society of Hypertension (ESH). Discussants and participants from several European Countries will gather in different locations during the second half of the year, giving life to a series of comprehensive and highly interactive scientific sessions on the most recent progress on diagnosis and treatment of hypertension as well as on the definition of prevention and control of cardiovascular risk. The basis for the presentations and discussion will be the 2007 ESH-ESC guidelines on the treatment of hypertension as well as their update, based on recent trials and other significant publications, which will be published in The Journal of Hypertension shortly. This will contribute, I hope, to push a step towards knowledge on the basic and applied science in hypertension and cardiovascular disease.

In each meeting ESH most representative leaders will review clinical trials and mechanistic studies that have formed the basis for the guidelines recommendations, kicking off an open discussion on how their implementation in the clinical practice is proceeding. Experts from different Countries will also present and discuss the current situation in their Country as far as cardiovascular research and prevention strategies are concerned with special emphasis also on surveys recently performed in several eastern European countries on the control of blood pressure and cardiovascular risk factors. All Faculty members will finally discuss a number of clinical cases selected among the most significant for the understanding of the clinical expression of the basic concepts presented and discussed during the meeting.

As in the last years the programme will be supported by an educational grant of Berlin Chemie/ Menarini International to which goes the gratitude of ESH for making possible these events which, we are sure, will contribute to stimulate research and improve treatment of hypertension and cardiovascular disease prevention in Europe.

Krzysztof Narkiewicz
ESH President



Giuseppe Mancina, M.D.
Chairman ESH, Educational Committee



Chairmen

Prof. Renata Cifkova
Institute for Clinical and Experimental Medicine
Prague (Czech Republic)

Assoc. Prof. Slavomira Filipova
National Institute of Cardiovascular Diseases
Bratislava (Slovak Republic)

Prof. Istvan Barna
Semmelweis University Medical School
Budapest (Hungary)

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Assoc. Prof. Ludovit Gaspar
Comenius University, Faculty of Medicine
Bratislava (Slovak Republic)

Assoc. Prof. Jozef Gonsorcik
PJ Safarik University - Faculty of Medicine
East Slovak Institute of Cardiovascular Diseases
Kosice (Slovak Republic)

Prof. Guido Grassi
University of Milano Bicocca
Milan (Italy)

Prof. Robert Hatala
National Institute of Cardiovascular Diseases
Bratislava (Slovak Republic)

Prof. Peter Pontuch
Comenius University, Faculty of Medicine
Bratislava (Slovak Republic)

Dana Skultetyova
National Institute of Cardiovascular Diseases
Bratislava (Slovak Republic)

Speakers

EUROPEAN SOCIETY OF HYPERTENSION

2009/2010 Educational Master Course
on Hypertension and Cardiovascular Risk

Czech Republic	20th/21st November 2009
Belarus	20th/21st November 2009
Lithuania	26th/27th February 2010
Slovakia	21st/22nd April 2010

E D U C A T I O N A L
Master Course



Wednesday April 21st

- h. 09.00 – 09.30 Lecture: Update of ESH guidelines
G. Grassi
- h. 09.30 – 09.45 Discussion
- h. 09.45 – 10.30 Lecture: 24-hour ambulatory blood pressure monitoring
I. Barna
- h. 10.30 – 10.45 Discussion
- h. 10.45 – 11.00 Coffee break
- h. 11.00 – 11.30 Clinical case presentation (Ambulatory BPM)
L. Gaspar
- h. 11.30 – 12.00 Lecture: Co-morbidity in the hypertensive patient:
coronary artery disease
S. Filipova
- h. 12.00 – 12.15 Discussion
- h. 12.15 – 14.00 Lunch
- h. 14.00 – 14.30 Lecture: Hypertension in the metabolic syndrome
R. Cifkova
- h. 14.30 – 14.45 Discussion
- h. 14.45 – 15.15 Clinical case presentation (ABPM and ECG Holter monitoring)
J. Gonsorcik
- h. 15.15 – 15.45 Lecture: Hypertension and atrial fibrillation
R. Hatala
- h. 15.45 – 16.00 Discussion
- h. 16.00 – 16.15 Coffee break
- h. 16.15 – 16.45 Lecture: Hypertension and kidney
P. Pontuch
- h. 16.45 – 17.30 Panel discussion: the patient awareness in hypertension.
A milestone for disease control
All Faculty

Thursday April 22nd

- h. 08.30 – 09.00 Lecture: The BP Care Survey: lessons to learn
R. Cifkova
- h. 09.00 – 09.15 Discussion
- h. 09.15 – 10.00 Lecture: Role of arterial stiffness in hypertension
G. Grassi
- h. 10.00 – 10.15 Discussion
- h. 10.15 – 10.30 Coffee break
- h. 10.30 – 11.00 Lecture & Clinical case presentation:
Echo-tracking methods and arterial wall assessment.
Our experience
D. Skultetyova, S. Filipova
- h. 11.00 – 11.15 Discussion
- h. 11.15 – 11.45 General discussion and conclusions

E D U C A T I O N A L

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